



Sandra Allen Thompson

August 13, 1946 - May 5, 2019

God called for Sandra Allen Thompson, age 72, during the early morning hours of May 5, 2019, and now heaven is a brighter place with the addition of her smile and laughter. No mother ever loved her children more than "Sandy" and we were grateful to be by her side as she passed from this earth. Mom, thank you for your devoted love and care. While we know you are in a better place, you are already sadly missed.

Sandy was born on August 13, 1946 to the late Charles W. Allen and Rowena B. Allen, now Forster, in Squire, West Virginia. She used to tell us stories about her early life and challenges faced growing up in the mountains, however, most of her memories were fond recollections of fun and mischief experienced with her four siblings; Sue, Billy, Chris and Sharon. Seeking opportunities beyond the coal mines, her family moved to Lynchburg, Virginia in 1959, where Sandy enjoyed her teenage years, including walking to E.C. Glass High School for class, where she graduated in 1964. That same year, at the young age of 18, she married Aubrey H. Hall, Jr., "Toby", and for a period of time traveled throughout the south with him as he held various positions in the garment industry. They eventually moved back to the Rustburg area with Sandy giving birth to her son, Aubrey H. Hall, III "Todd", in 1970 and her daughter, Allison Paige Appelman, in 1974.

During the 70s Sandy was dedicated to raising her children and was an absolutely wonderful mother. She made sure Todd and Allison participated in all the sports and activities they could handle, while planning numerous birthday parties and trips to the park, zoo, movies, swimming pool and beach. Her evenings were spent working on crochet or needle point and we still enjoy the afghan blankets and pictures her talents created to this day. Sandy loved Christmas and hosted many family holiday gatherings, usually on Christmas Eve, where everyone always had a great time. She enjoyed music, including playing the piano and dancing, and even participated in a theatrical production of *Damn Yankees*. Sandy also developed a deep passion for tennis and convinced Toby to construct a court in the backyard where she played with her friends and taught Todd and Allison the game. Oh, how she enjoyed her tennis matches and time spent playing at the "Indoor Court" in Lynchburg and Oakwood Country Club as well as competitively on the

"Rustburg Bee Gees" USTA team and in the Long Mountain Tennis Tournament. Sandy also became very talented at gardening and landscaping and worked tirelessly to ensure the yard and flower beds around her home were in immaculate condition.

Time passes and people change. Sandy and Toby grew apart for reasons no longer important, and in the mid-80s, with her children getting older, Sandy began working for Dr. Stephen L. Thompson as a physician's assistant, quickly becoming a favorite of many patients loyal to his practice. A strong bond developed between "Doc" and Sandy, and after divorcing Toby, she married the love of her life in 1993. The two were best of friends and practically inseparable, vacationing at the beach, traveling on trips with friends, going to Super Bowls, shag dancing every chance they could get and laughing all the way. They "rocked and rolled" for a long time.

Beginning in the late 90s, Sandy's time and attention shifted to making a wonderful home for Doc and coordinating activities for her grandchildren, Aubrey, Sam, Travis and Stevie. They all looked forward to "Sandy" days at the pool, going to Lynchburg and basically doing anything they wanted. She demonstrated the same dedication to her grandchildren that she had shown twenty years earlier for Todd and Allison.

Through all the years and changes, Sandy continued to provide love and support to all of us. She had a special affection for her mother, Rowena, and her sister, Sue, and continually looked after them, making sure they had what they needed. She also cared for Doc, especially after his cancer diagnosis, loving and supporting him without any complaints until he passed in 2012. She grieved deeply after his death and bravely entered a new phase in life on her own. While she never quite made it back to the Sandy of old, her spirit and courage were strong as she was determined to make it alone.

Sandy finally started hitting the "dance floor" again in 2015, but suffered a stroke three years to the date after Doc's death, which was followed by an Alzheimer's diagnosis. Despite these challenges, she kept traveling, going with friends to "SOS" at Myrtle Beach and other dancing events until approximately a year ago when the disease started to take its toll. Fortunately, Sandy was able to experience the birth of Allison's first child, Fitz Appelman, in February of this year and spent some precious time with her new grandson prior to leaving us. She remained in her home up until the last week of her life when her health rapidly declined. Though hard to accept her loss, we are thankful she did not suffer long.

Sandy is survived by her son, Todd, and his wife, Shannon; her daughter, Allison, and her husband, Sanford; her step-daughter, Tracy Thompson Rosser; her step-son, Stephen L.

Thompson, Jr.; her mother, Rowena; two sisters, Lana Sue Rice and her husband, Melvin, and Sharon R. Williams and her husband, Don; and a brother, William M. Allen, and his wife, Paulette. Also surviving are five grandchildren, Aubrey H. Hall, IV, Samuel T. Hall, M. Fitzsoren Appelman, Travis H. Rosser and Stevie E. Rosser.

The family wishes to extend their heartfelt appreciation to Martha F. Brown, JoAnn B. Eades, Katherine B. Logwood and Cindy J. Stone, whose care and attention helped keep Sandy in her home and enjoying a high quality of life. Thank you for loving our Mom. Also, thank you Reverend Sung for all your support during Mom's last hours.

A memorial service celebrating Sandy's life will be held at 6:00 pm on Thursday, May 9, 2019 at Rustburg United Methodist Church with the Rev. Sung Woon Yoo officiating. A reception will follow in the church's multi-purpose center. Those wishing to make memorial contributions should consider Rustburg United Methodist Church, which has provided the family with a significant level of support.

Finch and Finch Funeral and Cremation Service, Altavista is in charge of arrangements.

Cemetery

Spring Hill Cemetery

3000 Fort Ave.

Lynchburg, VA, 24501

Events

MAY **Funeral Service** 06:00PM

9

Rustburg United Methodist Church

664 Village Hwy, Rustburg, VA, US, 24588

MAY **Visitation** 07:00PM

9

Rustburg United Methodist Church

664 Village Hwy, Rustburg, VA, US, 24588

Comments



“ A tribute video has been added.



Finch & Finch, Inc. Funeral and Cremation Service - May 07, 2019 at 04:25 PM



“ So sorry to read of the passing of Sandy.

Lib - May 08, 2019 at 12:23 AM



“ Todd and family, Daryl and I are saddened to learn of the passing of your mother. Our mothers hold our hearts forever. Please know we are praying for you in the days ahead.

Bev Whipkey - May 08, 2019 at 01:51 PM



“ Todd and Allison, we are so saddened about Sandy's passing. Sandy was a part of my tennis life for so many years! What great memories of those days. She came back and played tennis with us at Sports Racket after Steve passed. One day she told us about going to church at Todd's church and how she cried the whole service! Another tennis player told her that was the Lord just speaking to her! A calm just came over her! Rest In Peace, Sandy.

Graham and Gloria Hight - May 08, 2019 at 09:04 PM



“ So sorry Todd for the loss of your mom, all of you will miss her dearly, but God knows best and he gained another angel. It will be hard, just be thankful for the good times you had. Love ya, Lucinda

Lucinda Mattox - May 11, 2019 at 02:04 PM



“ Lucinda Mattox lit a candle in memory of Sandra Allen Thompson



Lucinda Mattox - May 11, 2019 at 01:58 PM



“ Love , all your friends at the Forest Office purchased the Fairest of All for the family of Sandra Allen Thompson.



Love , all your friends at the Forest Office - May 09, 2019 at 09:07 AM



“ Your friends at Troutman Sanders purchased the Peaceful White Lilies Basket for the family of Sandra Allen Thompson.



Your friends at Troutman Sanders - May 08, 2019 at 04:59 PM



“ Todd:

I saw in yesterday's paper that your mother passed away and am writing to extend my sincere condolences. It appears that she was very involved in the lives of you, your sister, and especially her grandchildren, so I am sure you will miss her dearly. If there is anything that I, or my office, can do to help at this difficult time, please do not hesitate to call upon me.

Sincerely,
Hugh Jones

Hugh J. M. Jones, III - May 08, 2019 at 12:02 PM



“ Pink Tribute Spray was purchased for the family of Sandra Allen Thompson.



May 08, 2019 at 08:51 AM



“ Todd and Family,

We were so saddened to hear of the passing of your wonderful mother. Please know that our thoughts and prayers are with you at this time and we pray that God will comfort you as only He can. We love you.

Micky and Sheila

Micky & Sheila Mear - May 08, 2019 at 08:12 AM



“ Sentiments of Serenity Spray was purchased for the family of Sandra Allen Thompson.



May 07, 2019 at 02:43 PM



“ 100 files added to the album LifeTributes



Finch & Finch, Inc. Funeral and Cremation Service - May 07, 2019 at 02:09 PM



“ Todd, we are so sorry for the loss of your Mother! Our prayers are with your family

Betty & Page Finch - May 07, 2019 at 01:28 PM



“ Todd and Shannon, we are so sorry for your loss. You have many wonderful memories. Cherish them. God bless.



Bill and Betty Gillespie - May 07, 2019 at 01:06 PM



“ Thinking of all of the family and those who were near and dear to Sandra - with love, sympathy, and prayerful hearts.



Tom and Anita Phillips - May 07, 2019 at 10:56 AM



“ Sending heartfelt condolences to the family.
Remembering Sandy as full of life and confidence. She succeeded in everything she endeavored. I enjoyed many happy years of tennis with her.
Isolde Oppleman

Isolde B. Oppleman - May 07, 2019 at 09:33 AM



“ Sandy was such a joy to be around growing up as a friend of Allison's. She had a zest for living that should remind us all to enjoy every moment we're gifted. Her laughter was precious and her way of just being herself and not caring about what others thought was admirable. She & Doc were so FUN to be around and welcomed so many of us to their wonderful home. They made my college years at UVA so fun during football season, and I will cherish our times together. I remember them at my wedding-Doc in black Tux and Sandy looking stunning in a black dress dancing the night away and celebrating life and my new marriage. This is now how I picture Sandy in heaven with Doc forever together smiling, laughing, and dancing.

Kenda Tufford - May 07, 2019 at 08:24 AM



“ What a beautifully written tribute.. Sandy was a great inspiration to me when I began to play tennis...and will always remember her for this..and for her beautiful smile.. I will continue to pray for your family at this difficult time..

Emily Casper-Brown - May 07, 2019 at 06:35 AM



“ So very sorry for your loss, Todd and family. How lucky you are to have had such an amazing mom. May God's grace and love hold you near during this time and may you find comfort and peace in the many memories you have in your hearts.
Blessings to you..
Judy Finch

Judy Finch - May 06, 2019 at 06:31 PM